



COMPLIANCE DISCLOSURES

HEALTH COVERAGE

- **CIGNA HEALTH AND LIFE INSURANCE COMPANY** | <https://www.cigna.com/legal/compliance/machine-readable-files>



This link leads to the machine-readable files that are made available in response to the federal Transparency in Coverage Rule and includes negotiated service rates and out-of-network allowed amounts between health plans and healthcare providers. The machine-readable files are formatted to allow researchers, regulators, and application developers to more easily access and analyze data.